



Vitality areas and trails

Technical specification



1- **The 125mm diameter posts** are made of lacquered galvanised steel. The two-tone grey graining finish has a slightly undulating surface for increased scratch resistance. The caps are made of injection moulded polyamide.



2- **The tubes** are made of stainless steel guaranteeing lasting durability and reliability of the equipment.

The platforms and the various play features are connected to the posts by **injection moulded polyamide fixings** that are non-toxic, non-flammable, shock resistant and ultraviolet radiation resistant. They give the units their sturdiness and help them to stand up to vandalism.



3- **The rowing machine** is fitted with a long rubber seat to take into account the differences in the physical make up of users. Two ergonomic handles are used to provide a firm hold while exerting the physical force.

4- **The running platform** is made entirely of stainless steel, and it is fixed to a curved laminated wood beam, the emblem of the Vitality areas. The running surface is made of rotary rollers that accompany the movement. It slopes slightly to accommodate the stride.

5- **Adjustment system** enabling users to set the effort levels to suit their abilities.

6- **The ergonomic shape of the two arms and the flat rubber backrest** provide a comfortable, effortless suspension position for efficient work on the abdominal muscles. The ergonomic rubber handles give flexible support for the hands during full suspension.

7- **The stainless steel fixings** are protected by polyamide anti-vandal caps.

8- **A sign** is placed next to each of the activities proposed, providing the following information: cardiac stimulation, type of movement to be carried out, level of difficulty of the exercise depending on how long it lasts or how many times it is repeated.

