

Pikes Meadow

New Fitness Stations for The Community

Client: Friends of Pikes Meadow

Address: Needham Road, Stowmarket, IP14 2AN

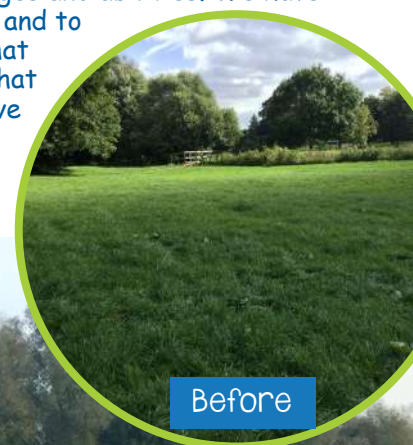
Budget: £18,000

Age Range: Teens, Adults & OAP

Project Story

Friends of Pikes meadow wanted an area that would encourage the correct usage and increase activity levels of the local community. Encouraging engagement from a wide range of users from teens and pensioners to free runners and Parkour users.

With the local community being so diverse they needed something that would cater to all ages and abilities. We have installed a number of trim trail items in a way that allows users to create their own circuit and to do it at their own pace. One of the main user groups are Parkour they needed something that would enable them to not only isolate muscle groups when training but also use equipment that was big enough to encourage springing and swinging onto and off equipment, because we have such a wide range of products we were able to offer our large rig which allows several users the ability to partake at the same time but also allows users of all abilities to engage with each other.



Before



After

“ It gives me great pleasure seeing so many different ages using the equipment on the meadow, our local Parkour lads love it!

- Tammy Denny, Chairperson, Friends of Pikes Meadow



Opening



Street Workout



Design

KEY

- Parallel Bars
- Monkey Bars
- Empty Tightening with 4 rings
- Double Wall Bars
- Stack of Bungees

MATERIALS

- Galvanized steel bars for durability and the strength and reliability of equipment
- Bungees made of high quality, durable, and UV resistant
- Rings to meet the needs of equipment
- The perfect mix of equipment, including the best of both worlds, to offer the best experience
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Perfect for teens boys and over strength individuals

Great for flexibility and cardiovascular fitness

Great for cardiovascular fitness

Great for cardiovascular fitness

Trim Trail



Proludic Sport App

The FREE app, called 'Proludic Sport', is available to download on both Android and Apple/IOS devices. It has been devised to simply and easily allow users to monitor and track their exercise on Proludic sports equipment. Earn rewards by exercising, compete with other users and communities across the country.

- Detailed descriptions of the equipment
- Recommended workout routines
- Pre-designed workout
- Customisable workouts
- Apple health integration
- Community and personal leader boards
- Challenge your friends
- 30+ unique exercises.

