

# Bridgford Field MUSA

## Hangout for Teenagers - Proludic's 1st MUSA

Client: Rushcliffe Borough Council

Address: Bidgford Road, West Bridgford, Nottinghamshire, NG2 5GF

Budget: £100,000

Age Range: Teenagers

### Project Story

Rushcliffe wanted teenagers to have a dedicated area to go to meet with their friends and have fun in. This area would prevent children from hanging around the streets and give them a safe place to go to that is socially accepted by the whole community. Proludic were chosen to design and install the project after an open tender exercise. With their dynamic product range specifically targeted at teenagers, it was felt they had a strong understanding and expertise in this concept.

The area was designed after extensive talks with many young people to ensure the new facility met the needs of the users. Proludic wanted to attract both boys and girls to the area and for it to lend itself to all abilities and interests. There was a need to encourage children outdoors, as opposed to staying in playing computer games or watching television. It's often the case that children to play outside, but what is missing from play parks is the mental and physical challenge. In addition to a Multi-Use Sports Area (MUSA) which is great for a large team activity, Proludic designed a Dynamic Zone that seeks to replicate exhilarating sensations you might receive from extreme sports such as windsurfing or rock climbing.

After



Before



“When a community enjoys well-planned play provision there is a greater experience of social inclusion as well as the revitalisation of run-down neighbourhoods. Good play provision can also play a part in reducing crime and anti-social behaviour.” Derek Hayden, in charge of play at Rushcliffe Borough Council. Young people have flooded the facility and it has attracted both boys and girls. Neighbours have welcomed the scheme and comment that anti-social behaviour in the area has declined since the facility was opened.

- Brian Knowles, Leisure Facilities Manager, Rushcliffe Borough Council



Rodeoboard



Aerospeed Cableway



MUSA



## Age Appropriate Play

Teenagers - Dynamic Play - The dynamic structures, inspired by extreme sports (kite-surfing, paragliding, snowboarding) provide teens with a whole range of physical challenges. This equipment encourages teenagers to push themselves beyond their limits and to compete with their friends.

Ball games are excellent for developing physical, psychomotor and cognitive skills in teenagers.